

SIZE CHARTS

Many people are hesitant to order online because of fit. Will it be too tight? Too loose? Too short? Or too long? Will it be the right cut for my body type? Is it supposed to fit like this? To help ease the uncertainty, we've put together a comprehensive fit guide. It will walk you through the various steps to finding the right UA fit for all our gear.

Under Armour® performance gear was built to be consistent with traditional sizing parameters. This means if you normally wear a "Large" T-shirt, you would also wear a "Large" UA T-shirt. So please order accordingly...and with confidence.

Men's Tops



	CHEST (in)	WAIST (in)
XS	30-32	26½-27½
SM	34-36	28½-30
MD	38-40	31½-33½
LG	42-44	35-37
XL	46-48	39-41
XXL	50-52	43-45½
3XL	54-56	47½-50
4XL	58-60	52-54½
5XL	62-64	56½-59

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right above your hips. Be careful not to squeeze too tight to allow a little give.

Men's Bottoms



	US SIZES	WAIST (in)	HIP (in)
XS	26-27	26½-27½	32-33
SM	28-29	28½-30	34-35½
MD	30-32	31½-33½	37-38½
LG	34-36	35-37	40-42
XL	38-40	39-41	44-46
XXL	42-44	43-45½	48-50
3XL	46-48	47½-50	52-54
4XL	50-52	52-54½	56-58
5XL	54-56	56½-59	60-62

How To Measure

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Men's Fit Guide



Compression

Ultra-tight, second-skin fit that keeps you locked in & makes you feel like you can do anything.



Fitted

A slimmer, athletic cut that allows total mobility but eliminates the bulk of extra fabric.



Loose

Fuller cut for complete comfort, total range of motion & greater breathability.

Women's Tops



	US SIZES	BUST (in)	WAIST (in)
XS	0-2	32½-33½	25½-26½
SM	4-6	33½-35½	27½-28½
MD	8-10	36½-37½	29½-30½
LG	12-14	39-40½	32-33½
XL	16	42-43½	35-36½
XXL	18	45-46½	38-39½

How To Measure

BUST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

Women's Bottoms



	US SIZES	WAIST (in)	HIP (in)
XS	0-2	25½-26½	34½-35½
SM	4-6	27½-28½	36½-37½
MD	8-10	29½-30½	38½-39½
LG	12-14	32-33½	41-42½
XL	16	35-36½	44-45½
XXL	18	38-39½	47-48½

How To Measure

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Sports Bras



Bra Size	30	32	34	36	38	40
AA	XXS	XS	S			
A	XS	XS	S	M		
B	XS	XS	S	M	L	
C		S	M	L	L	
D		S	M	L	XL	
DD		M	L	XL	XXL	XXL
DDD					XXL	

How To Measure

BAND SIZE: Standing straight up with an unpadded bra on, measure closely around the chest just under your arms, right above the bust. If your result is a fraction, round to the nearest whole number. (ex. 33.7" rounded to the nearest whole number, your band measurement is 34")

CUP SIZE: While wearing a non-padded bra, keep the tape parallel & measure at the fullest part of your bust. Round this measurement UP the nearest WHOLE number. Subtract BAND size from BUST size to find your CUP size. EX. 36" - 34" = 2" = B = 34B

Armour Bra



MEASUREMENT (in)	BAND SIZE
27	30
28	32
29	32
31	32
32	34
33	34
34	36
35	36
36	36
37	38
38	38

Cup Size Chart

SIZES	DIFFERENCE
A	1 inch
B	2 inches
C	3 inches
D	4 inches
DD	5 inches

How To Measure

BAND SIZE: Standing straight up with an unpadded bra on, measure closely around the chest just under your arms, right above the bust. If your result is a fraction, round to the nearest whole number. (ex. 33.7" rounded to the nearest whole number, your band measurement is 34")

CUP SIZE: While wearing a non-padded bra, keep the tape parallel & measure at the fullest part of your bust. Round this measurement UP the nearest WHOLE number. Subtract BAND size from BUST size to find your CUP size. EX. 32" - 28"

Women's Fit Guide



Compression

Ultra-tight, second-skin fit that locks you in & makes you feel like you can do anything.



Fitted

Sits close to the skin for a streamlined fit without the squeeze of compression.



Semi-Fitted

A slimmer, athletic cut that delivers optimal mobility by eliminating the bulk of extra fabric.



Loose

Fuller, more generous cut for enhanced range of motion & an effortlessly relaxed fit.

Boys'

HEADS UP! PLEASE READ ABOUT OUR SIZING & FIT UPDATES.

In an effort to continue to provide the best-fitting product to all athletes, we have re-evaluated and re-sized our youth apparel. Starting with our Fall/Winter 2018 line (launches July 1, 2018), our youth sizing will better align with industry standards and reflect a new numeric/age as shown below.

	XS	SM	MD	LG	XL	2XL	3XL
Before FW18	6-6X	7-8	10-12	14-16	18-20		
FW18 & Beyond	7	8	10-12	14	16	18	20

During this transition, you may still find styles on our site with the legacy sizing. Please reference the size charts on the product page for accurate sizing.

REGULAR SIZES

	US SIZES	CHEST (in)	WAIST (in)	HIPS (in)
YXS	7	25-26	23-24	26-27
YSM	8	26-27	24-25	27-28½
YMD	10-12	27-29	25-27	28½-31
YLG	14	29-31	27-28½	31-32½
YXL	16	31-32½	28½-30	32½-34



HUSKY SIZES

	WAIST (in)	HIPS (in)	HEIGHT (in)
8H	26½-27½	29½-30½	50-52
10H	28-29	31-32	53½-55½
12H	29½-30½	32½-33½	56½-58½
14H	31-32	34-35	59½-61½
16H	32½-33½	35½-36½	62-64
18H	34-35	37-38	64½-66½
20H	35½-36½	38½-39½	67-69

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right above your hips. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Boys' Fit Guide



Fitted

Sits close to the skin for a streamlined fit without the squeeze of compression.



Loose

Full, loose fit for enhanced range of motion & breathable comfort no matter where your workout takes you.

Girls'

HEADS UP! PLEASE READ ABOUT OUR SIZING & FIT UPDATES.

In an effort to continue to provide the best-fitting product to all athletes, we have re-evaluated and re-sized our youth apparel. Starting with our Fall/Winter 2018 line (launches July 1, 2018), our youth sizing will better align with industry standards and reflect a new numeric/age as shown below.

	XS	SM	MD	LG	XL	2XL	3XL
Before FW18	6-6X	7-8	10-12	14-16	18-20		
FW18 & Beyond	7	8	10-12	14	16	18	20

During this transition, you may still find styles on our site with the legacy sizing. Please reference the size charts on the product page for accurate sizing.

REGULAR SIZES

	US SIZES	CHEST (in)	WAIST (in)	HIP (in)
YXS	7	25½-26½	23-24	27-28
YSM	8	26½-28	24-24½	28-29½
YMD	10-12	28-30½	24½-26½	29½-32½
YLG	14	30½-32	26½-28½	32½-34½
YXL	16	32-34	28½-30	34½-36½

PLUS SIZES

	WAIST (in)	HIPS (in)	HEIGHT (in)
7P	26-27	30-31	49½-51
8P	27-28	31½-32½	51½-53
10P	27½-28½	32½-33½	53-55
12P	29½-30½	33½-34½	56-58
14P	31-32	35½-36½	59-61
16P	33-34	37-38	61-62½

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Girls' Fit Guide



Fitted

Sits close to the skin for a streamlined fit without the squeeze of compression.



Loose

Full, loose fit for enhanced range of motion & breathable comfort no matter where your workout takes you.

Little Boys'

US SIZES	Chest (in)	Waist (in)	HIP (in)	Height (in)
4	21½-22½	21½-22½	22½-23½	38-41
5	22½-23½	22-23	23½-24½	41-44
6	22½-24½	22½-23½	24½-25½	44-46½
7	24½-26	23-24	25½-26½	46½-50

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Little Girls'

US SIZES	Chest (in)	Waist (in)	HIP (in)	Height (in)
4	21½-22½	21½-22½	22½-23½	38-41
5	22½-23½	22-23	23½-24½	41-44
6	23½-24½	22½-23½	24½-25½	44-46
6x	24½-25	23-23½	25½-26	46½-48½

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Toddlers

	Chest (in)	Waist (in)	Height (in)	Weight (lb)
2T	20-21	20½-21½	33-35	29-33
3T	20½-21½	21-22	35-38	32-36
4/4T	21½-22½	21½-22½	38-41	35-39
5	22½-23½	22-23	41-44	38-42

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Infant

US SIZES	Chest (in)	Height (in)	Weight (lb)
0-3 M	15½-17	20½-24	8-12
3-6 M	17-18	24-27	12-16
6-9 M	18-18½	27-29	16-20
12 M	18½-19	29-30	18-22
18 M	19-20	30½-33	22-26
24 M	20-21	33-35	26-30

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Men's Shoes



US Men	Inches	CM	Euro	UK
7	9½	25	40	6
7.5	10	25.5	40.5	6.5
8	10½	26	41	7
8.5	10½	26.5	42	7.5
9	10½	27	42.5	8
9.5	10½	27.5	43	8.5
10	11	28	44	9
10.5	11½	28.5	44.5	9.5
11	11½	29	45	10
11.5	11½	29.5	45.5	10.5
12	11½	30	46	11
12.5	12	30.5	47	11.5
13	12½	31	47.5	12
13.5	12½	31.5	48	12.5
14	12½	32	48.5	13
14.5	12½	32.5	49	13.5
15	13	33	49.5	14
15.5	13½	33.5	50	14.5
16	13½	34	50.5	15

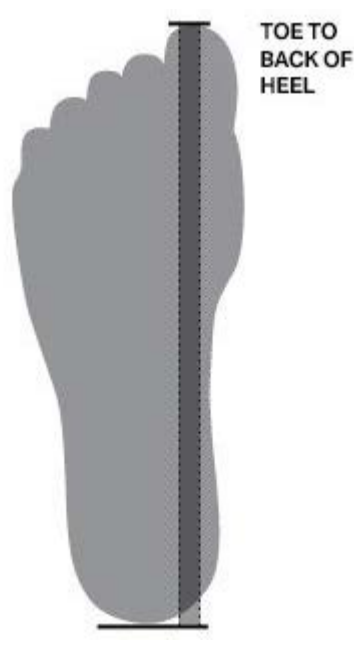
How To Measure

FOOT: We start with the true foot, which means we measure from heel to toe. That measurement (in centimeters) is then translated into our standard sizes.

To find your foot measurement closely trace your entire foot onto a piece of paper and measure from heel to toe. If your measurement is between chart numbers, we recommend sizing up.

Women's Shoes

US Women	Inches	CM	Euro	UK
5	8¼	22	35.5	2.5
5.5	8¼	22.5	36	3
6	9¼	23	36.5	3.5
6.5	9¼	23.5	37.5	4
7	9¼	24	38	4.5
7.5	9¼	24.5	38.5	5
8	9¼	25	39	5.5
8.5	10	25.5	40	6



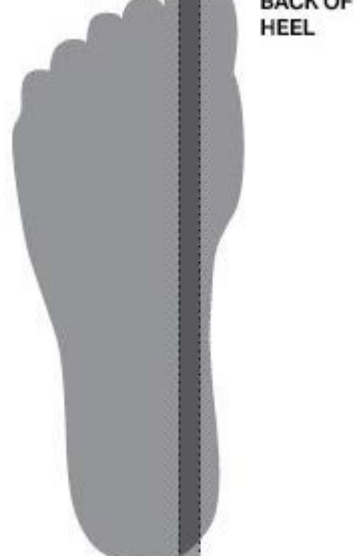
How To Measure

FOOT:We start with the true foot, which means we measure from heel to toe. That measurement (in centimeters) is then translated into our standard sizes.

To find your foot measurement closely trace your entire foot onto a piece of paper and measure from heel to toe. If your measurement is between chart numbers, we recommend sizing up.

Adult Unisex Shoes

9	10%	26	40.5	6.5
9.5	10%	26.5	41	7
10	10%	27	42	7.5
10.5	10%	27.5	42.5	8
11	11	28	43	8.5
11.5	11%	28.5	44	9
12	11%	29	44.5	9.5



How To Measure

FOOT:We start with the true foot, which means we measure from heel to toe. That measurement (in centimeters) is then translated into our standard sizes.

To find your foot measurement closely trace your entire foot onto a piece of paper and measure from heel to toe. If your measurement is between chart numbers, we recommend sizing up.

Kid's Shoes

US Men	US Women	Inches	CM	Euro	UK
3.5	5	8%	22.5	35.5	3
4	5.5	9	23	36	3.5
4.5	6	9%	23.5	36.5	4
5	6.5	9%	23.5	37.5	4.5
5.5	7	9%	24	38	5
6	7.5	9%	24	38.5	5.5
6.5	8	9%	24.5	39	6
7	8.5	9%	25	40	6
7.5	9	10	25.5	40.5	6.5
8	9.5	10%	26	41	7
8.5	10	10%	26.5	42	7.5
9	10.5	10%	27	42.5	8
9.5	11	10%	27.5	43	8.5
10	11.5	11	28	44	9
10.5	12	11%	28.5	44.5	9.5
11	12.5	11%	29	45	10
11.5	13	11%	29.5	45.5	10.5
12	13.5	11%	30	46	11
12.5	14	12	30.5	47	11.5
13	14.5	12%	31	47.5	12
13.5	15	12%	31.5	48	12.5
14	15.5	12%	32	48.5	13
14.5	16	12%	32.5	49	13.5
15	16.5	13	33	49.5	14
15.5	17	13%	33.5	50	14.5
16	17.5	13%	34	50.5	15

How To Measure

FOOT:We start with the true foot, which means we measure from heel to toe. That measurement (in centimeters) is then translated into our standard sizes.

To find your foot measurement closely trace your entire foot onto a piece of paper and measure from heel to toe. If your measurement is between chart numbers, we recommend sizing up.

US Youth	US Womens	Inches	CM	Euro	UK
2K	-	3%	8	17.5	1.5
3K	-	3%	9	18.5	2.5
4K	-	4	10	19.5	3.5
5K	-	4%	11	21	4.5
6K	-	4%	12	22	5.5
7K	-	5%	13	23.5	6.5
8K	-	5%	14	25	7.5
9K	-	5%	15	26	8.5
10K	-	6%	16	27	9.5
10.5K	-	6%	16.5	27.5	10
11K	-	6%	17	28	10.5
11.5K	-	7	17.5	29	11
12K	-	7%	18	29.5	11.5
12.5K	-	7%	18.5	30	12
13K	-	7%	19	31	12.5
1	-	7%	20	32	13.5
1.5	-	8	20.5	33	1
2	-	8%	21	33.5	1.5
2.5	-	8%	21.5	34	2
3	-	8%	22	35	2.5
3.5	5	8%	22.5	35.5	3
4	5.5	9	23	36	3.5
4.5	6	9%	23.5	36.5	4
5	6.5	9%	24	37.5	4.5
5.5	7	9%	24.5	38	5
6	7.5	9%	25	38.5	5.5
6.5	8	9%	25.5	39	6
7	8.5	9%	26	40	6

How To Measure

FOOT:We start with the true foot, which means we measure from heel to toe. That measurement (in centimeters) is then translated into our standard sizes.

To find your foot measurement closely trace your entire foot onto a piece of paper and measure from heel to toe. If your measurement is between chart numbers, we recommend sizing up. Be sure you're putting your full weight on your foot while tracing. Please note: for the best results, measuring later in the day is recommended.

We created this easy-to-use sizing chart so that finding the right size shoes for your kids won't be a workout in itself. *Due to the metric/imperial conversions, there will be some instances where two US sizes will equal one UK size or one CM size.

Headwear



ADJUSTABLE CAP SIZE

	Head (in)
MEN'S OSFA	22-23½
WOMEN'S OSFA	21¼-22¼
YOUTH OSFA	20¼-22¼

STRETCH-FIT

	Head (in)
S/M	20¼-21½
M/L	22-23
L/XL	23-24¼
XL/XXL	24¼-25½

FITTED

US Sizes	Head (in)
6%	20%
6%	21%
6%	21%
7	22
7½	22½
7¼	22¾
7%	23
7½	23½
7%	23%
7¼	24¼
7%	24%
8	25%
8½	25½

How To Measure

HEAD: To figure out your UA fitted hat size, measure the circumference of your head where your hat will rest. If you don't have a tape measure, use a string and measure it against a ruler. Find your measurement on the size chart to determine your ideal UA hat size

Gloves



How To Measure

HANDS: On your dominant hand, measure from the base of your palm to the tip of your middle finger then use the chart to find your ideal UA glove size. You can also measure the circumference of your palm right under your fingers.

MEN'S

Sizes	Palm to Finger
XS	6¾-7
SM	7-7¼
MD	7¼-7½
LG	7½-7¾
XL	7¾-8
XXL	8-8¼

WOMEN'S

Sizes	Palm to Finger
XS	5¾-6¼
SM	6¼-6½
MD	6½-6¾
LG	6¾-7
XL	7-7¼

YOUTH/PEE WEE

Sizes	Palm to Finger
YSM	6¼-6½
YMD	6½-6¾
YLG	6¾-7
Pee Wee	6-6¼

Socks



How To Measure

Sock sizes are based on US shoe size.

Footballs

BALL SIZE	RECOMMENDED AGE	LEAGUE TYPE
Official	14 & Up	Professional, Collegiate & High School
Youth	12-14	Youth Leagues, Intermediate Leagues & Major Junior Associations
Junior	9-12	Youth Leagues, Intermediate Leagues & Major Junior Associations
Pee Wee	6-9	Youth Leagues, Intermediate Leagues & Major Junior Associations

Basketballs

BALL SIZE	NAME	RECOMMENDED AGE	CIRCUMFERENCE
Size 7	Official	Men 13 & Up	29.5"
Size 6	Intermediate	Women 9 & Up, Boys 9-13	28.5"
Size 5	Youth	Boys & Girls Under 9	27.5"

Soccer Balls

BALL SIZE	NAME	RECOMMENDED AGE
Size 5	Adult	Men & Women 12 & Up
Size 4	Youth	Boys & Girls 8-11
Size 3	Kids	Boys & Girls Under 8