

BICYCLE CLEANING GUIDE

The Muc-Off guide to cleaning, protecting and lubing your bikes!

MAINTAINING YOUR MOTORCYCLE

3*STEP PROGRAM
 STEP 1 CLEAN
 STEP 2 PROTECT
 STEP 3 LUBE

STEP 1 CLEAN: MUC-OFF EXPANDING PINK SPONGE, NANO TECH MOTORCYCLE CLEANER, PREMIUM MICROFIBRE POLISHING CLOTH, MOTORCYCLE CHAIN CLEANER, MOTORCYCLE ALL-WEATHER CHAIN LUBE, MOTORCYCLE CHAIN BRUSH, MO-94, SOFT WASHING BRUSH.

STEP 2 PROTECT: MATT FINISH DETAILER, MOTORCYCLE PROTECTANT.

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MTB ROAD

STEP 1 CLEAN: MUC-OFF EXPANDING PINK SPONGE, NANO TECH BIKE CLEANER, PREMIUM MICROFIBRE POLISHING CLOTH, C3 WET CERAMIC LUBE, C3 DRY CERAMIC LUBE, BIO DRIVETRAIN CLEANER, MO-94, X-3 DIRTY CHAIN MACHINE, NO PUNCTURE HASSLE TUBELESS SEALANT, WATER SOLUBLE DEGREASER, TYRE & CASSETTE BRUSH.

STEP 2 PROTECT: CARBON GRIPPER, BIKE PROTECT, DISC BRAKE COVERS, WHEEL & COMPONENT BRUSH.

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STEP 2 PROTECT: CARBON GRIPPER, BIKE PROTECT, TYRE & CASSETTE BRUSH.

STEP 1 CLEAN

HOW TO CLEAN YOUR BIKE

- Spray **Drivetrain Cleaner** onto chain and cogs.
- Deep clean your chain using the **X-3 Dirty Chain Machine**.
- Pre-wet the bike.
- Completely coat the bike with **Nano Tech Bike cleaner**. Make sure the bike is out of direct sunlight.
- Agitate extra grimey areas with brushes.
- Wait 3-5 minutes for Muc-Off to work its magic.
- Rinse the whole bike.
- Now dry with a **premium microfibre**.

STEP 2 PROTECT

HOW TO PROTECT YOUR BIKE

- Apply **Bike Protect** to your frame for a protective finish. Avoid braking surfaces!
- Spray **MO-94** over your cassette and chain to drive out moisture. Avoid braking surfaces!
- Or for matt finishes, spray **Matt Finish Detailer** to protect and quickly detail your matt frame. Wipe off excess residue.
- Carbon components? Use **Carbon Gripper**! Use **Bio Grease** for your bearings, moving parts and cables.

Now your bike is now protected from all weather types...

STEP 3 LUBE

HOW TO LUBE YOUR BIKE

SO WHICH CHAIN LUBE DO I USE?

Nanotube Chain Lube: Extremely durable and ultra-efficient in all conditions.

Hydrodynamic Chain Lube: Extremely durable and ultra-efficient in all conditions.

C3 Ceramic Wet Lube: Extra durability for wet weather conditions.

C3 Ceramic Dry Lube: Extra durability for dry and dusty conditions.

Bio Dry Lube: Performs best in dry and dusty conditions.

Bio Wet Lube: Performs best in wet and damp conditions.

Rotate pedals backwards and apply chosen lube to each link (as shown above).

Best Practices:
 APPLY 15 MINUTES BEFORE YOU RIDE.
 WIPE AWAY ANY EXCESS LUBE WITH A CLEAN CLOTH.
 FOR DRY LUBES APPLY 3-4 HOURS BEFORE YOU RIDE FOR BEST RESULTS