## PANTS

Measure the width of the waist on your regular street pants and multiply by 2. Then refer to the chart. Note that ratchet buckle and side waist adjusters will cinch up an additional 2" of waist size to fine tune the fit.

MEN'S W	AIST	MX PANT SIZ	ZΕ	INSEAM
26" / 27-1/2"	66 / 70cm	26	26-3/4"	68cm
28" / 29-1/2"	71 / 75cm	28	27-1/2"	70cm
30" / 31-1/2"	76 / 80cm	30	28-1/4"	72cm
32" / 33-1/2"	81 / 85cm	32	29"	74cm
34" / 35-1/2"	86 / 90cm	34	29-3/4"	76cm
36" / 37-1/2"	91 / 95cm	36	30-1/2"	78cm
38" / 39-1/2"	97 / 100cm	38	31-1/4"	79cm
40" / 41-1/2"	102 / 105cm	n 40	32"	81cm
42" / 43-1/2"	107 / 110cm	1 42	32-1/2"	83cm
44" / 45-1/2"	112 / 116cm	44	33-1/2"	85cm
46" / 47-1/2"	117 / 119cm	46	34"	86cm
48" / 49-1/2"	122 / 126cm	n 48	34-1/2"	88cm
50" / 51-1/2"	127 / 131cm	50	35"	89cm

WMN'S WAIST		MX PANT SIZE	
61 / 65cm	02	26-1/2"	67cm
66 / 70cm	04	27-1/4"	69cm
71 / 75cm	06	28"	71cm
76 / 80cm	08	28-3/4"	73cm
81 / 85cm	10	29-1/2"	75cm
86 / 90cm	12	30-1/8"	77cm
91 / 95cm	14	30-3/4"	78cm
	61 / 65cm 66 / 70cm 71 / 75cm 76 / 80cm 81 / 85cm 86 / 90cm	61 / 65cm 02 66 / 70cm 04 71 / 75cm 06 76 / 80cm 08 81 / 85cm 10 86 / 90cm 12	61 / 65cm 02 26-1/2" 66 / 70cm 04 27-1/4" 71 / 75cm 06 28" 76 / 80cm 08 28-3/4" 81 / 85cm 10 29-1/2" 86 / 90cm 12 30-1/8"

YOUTH W	/AIST	MX PANT SI	ZE	INSEAM
16" / 17-1/2"	41 / 44cm	16	15-1/2"	39cm
18" / 19-1/2"	46 / 50cm	18	17"	43cm
20" / 21-1/2"	51 / 55cm	20	18-1/2"	47cm
22" / 23-1/2"	56 / 60cm	22	20"	51cm
24" / 25-1/2"	61 / 65cm	24	21-1/2"	55cm
26" / 27-1/2"	66 / 70cm	26	23"	58cm
28" / 29-1/2"	71 / 75cm	28	24-1/2"	62cm

## **JERSEYS**

Compare one of your t-shirts with the corresponding size chart below. Choose the same size jersey as you would for a t-shirt. Note that jerseys typically run larger for a loose, unrestricted fit.

MEN'S TEE	JERSEY SIZE	
X-SMALL	XS	
SMALL	SM	
MEDIUM	MD	
LARGE	LG	
X-LARGE	XL	
2X-LARGE	2XL	
3X-LARGE	3XL	
WOMEN'S TEE	JERSEY SIZE	
SMALL	WSM	
MEDIUM	WMD	
LARGE	WLG	
X-LARGE	WXL	
2X-LARGE	W2XL	
YOUTH TEE	JERSEY SIZE	
X-SMALL (2-4)	YSM	
SMALL (6-8)	YMD	
MEDIUM (10-12)	YLG	
LARGE (14-16)	YXL	

## **HELMETS**

Using a tape measure, measure the circumference of your head just above the ears and across the forehead. Refer to the chart for proper helmet size. Example: Head circumference measures 22-3/4" = Adult med helmet.

## GLOVES

Measure the width of your palm "A" about 1" below the base of your fingers (about 3/4" for kids) and the length from the tip of your index finger to the base of your thumb "B" and match measurements to sizes listed on the chart.

MEN'S A/B		GLOVE	SIZE	
3-5/8" / 4-3/8"	9 / 11cm	SM		
3-3/4" / 4-1/2"	9.5 / 11cm	MD		
3-7/8" / 4-5/8"	9.8 / 11.8cm	LG		
004" / 4-3/4"	10.2 / 12cm	XL		
4-1/8" / 4-7/8"	11 / 12.4cm	2XL		
WOMEN'S A/B		GLOVE	SIZE	
3-1/8" / 4"	8/10cm	WSM		
3-1/4" / 4-1/8"	8 / 11cm	WMD		
3-3/8" / 4-1/4"	8.5 / 11cm	WLG		
3-1/2" / 4-3/8"	9/11cm	WXL		
YOUTH A/B		GLOVE SIZE		
2-3/8" / 2-3/4"	6 / 7cm	Y2XS		
2-1/2" / 2-7/8"	6.5 / 7cm	YXS	$\uparrow \cap \cap \cap$	
2-5/8" / 3"	6.7 / 7.5cm	YSM	B I W	
2-3/4" / 3-1/8"	7 / 8cm	YMD	Marie 1	
2-7/8" / 3-1/4"	7.5 / 8.5cm	YLG	the y	
3" / 3-3/8"	8 / 8.5cm	YXL		

ADULT HEAD		HELMET SIZE	
20-3/8" - 21-1/8"	52 / 54cm	XS	
21-1/4" - 22"	54 / 56cm	SM	
22-1/8" - 22-7/8"	57 / 58cm	MD	
23" - 23-3/4"	59 / 60cm	LG	
23-7/8" & 24-5/8	61 / 63cm	XL	
YOUTH HEAD		HELMET SIZE	
18-1/2" - 19-1/8"	47 / 49cm	YOUTH SM	
19-1/4" - 19-7/8"	49 / 50cm	YOUTH MD	
20" - 20-1/2"	51 / 52cm	YOUTH LG	