



### HOW TO MEASURE

- A** **Inside Length:**  
Flatten your foot by shifting your weight forward, use a ruler or tape measure to measure your foot (from the heel to the tip of your longest toe).

<b>US SIZE</b>	10	11	12	13	1	2	3	4	5	6	7	8
<b>EURO SIZE</b>	28	29	30.5	32	33	34	35.5	37	38	39	40.5	42
<b>JAPAN SIZE</b>	17.5	18.5	19.5	20	21	21.5	22.5	23	24	25	25.5	26.5
<b>INSIDE LENGTH (CM)</b>	17.5	18.5	19.5	20	21	21.5	22.5	23	24	25	25.5	26.5
<b>INSIDE LENGTH (INCHES)</b>	6.9	7.3	7.7	7.9	8.3	8.5	8.8	9	9.4	9.8	10	10.4