

HOW TO MEASURE

A Chest:

Measure around the fullest part, under the armpits, keeping the tape horizontal.

B Waist:

Measure around the natural waist line, inline with the navel, keeping the tape horizontal.

Hip:

Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

D Inseam:

Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

TOPS

PRODUCT SIZE	BODY MEASUREMENT		
INTL SIZE	CHEST (CM)	WAIST (CM)	
XS	79-84	69-74	
S	86-94	76-81	
M	97-102	84-89	
L	107-112	91-97	
XL	117-122	102-107	
XXL	122-132	112-117	
INTL SIZE	CHEST (INCHES)	WAIST (INCHES)	
XS	31-33	27-29	
S	34-37	30-32	
М	38-40	33-35	
L	42-44	36-38	
XL	4648	40-42	
XXL	48-52	44-46	

PANTS

PRODUCT

SIZE	MEASUREMENT		
U.S. PANT SIZE	WAIST (CM)	HIP (CM)	INSEAM (CM)
28	71-74	86-89	81
29	74-76	89-91	81
30	76-78	91-94	81
31	78-81	94-97	81
32	81-84	97-99	81
33	84-86	99-101	81
34	86-89	101-104	81
36	89-94	104-107	81
38	94-99	107-112	81
40	99-104	112-117	81
U.S. PANT SIZE	WAIST (INCHES)	HIP (INCHES)	INSEAM (INCHES)
28	28-29	34-35	32
29	29-30	35-36	32
30	30-31	36-37	32
31	31-32	37-38	32
32	32-33	38-39	32
33	33-34	39-40	32
34	34-35	40-41	32
36	35-37	41-42	32
38	37-39	42-44	32
40	39-41	44-46	32

BODY